

Positive Ki and negative Ki

Ki can be categorized roughly into two types; the positive Ki and the negative Ki. The positive Ki works well for us, but the negative Ki has the opposite effect.

Being sick indicates that Ki is being impaired. When this happens people become short of energy due to the influence of the negative Ki.

To express how special this energy is, the late chairman named it the Shinkiko (真氣光) energy. He used two characters for the word Shinki (真氣) and then added, to the end of it, a third character which means light (光), because the energy sometimes appears like light in pictures, although it is invisible.

Also, Ki has a vibrational nature like radio waves do. For example, when two irritated Ki energies knock up against each other, they sympathize and have a big fight, and when you watch a sad TV program and sympathize with its Ki energy, you feel sad.

Things that cannot be proved by science are looked down on in the modern world. But the late chairman often said that an intangible Ki was very important in such a time. We use the letter 氣 to express an intangible energy.

We are originally born to make our souls shine

We are human beings, but just what kind of beings are we?

We sleep and we wake up. We eat, think, and move, and then we sleep again. Our body is surely our self, but is that all? I think nearly everyone feels that people are not just physical, tangible bodies.

A human being consists of a visible body and an invisible soul. The consciousness and mind both lie in the soul. The most familiar Ki for us is the life energy/ soul within our body. Although science cannot yet prove the existence of the soul, nearly every one of us understands, deep down, that the end of life is not the end.

Our body begins to age after we turn twenty. This means that most of the human life is a process of aging. We are born into this world with a helpless body, which needs to be fed and clothed, and eventually we will all die.

Our physical body disappears when we die, but will everything disappear? No. Even if the body is gone, the soul still remains. The essence of life is not the physical body, but the soul.

Suppose that the soul exists, and it remains after death. What is the purpose of our lives?

From my experience of having sent Ki to many people, I have come to think that human beings are born into this world to learn from many experiences, and brush up their souls and make them shine more, heightening their own life energies, their own Ki.

Even though our physical body disappears when we die, what we have experienced in our life is engraved in our soul, and never dissipates. It will exist forever in this great universe.

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